

Next Steps: Follow Up after Completing ASQ or ASQ:SE

Provide Opportunities for Learning

Birth through 5 years is a critical time in your young child's brain development and a great time to support early learning.

- Look through ASQ items to see what young children can do at this age.
- Have fun with play and learning activities. Build skills in play and daily routines with your child.

Share Results

You can review results and decide next steps with your provider and caregiver.

- Share completed questionnaires, results and any concerns with your child's health care provider.
- Share completed questionnaires, results and follow up ideas with your childcare provider.

Monitor Your Child's Development

Take these important steps to keep your child's development on schedule.

- Check your child's development every 4 to 6 months. Continue to practice skills and check progress.
- Use ASQ Play Activities and ASQ Learning Activities in play and daily routines.

Visit Learning Links and Resources

[Zero to Three Behavior and Development](#)

Parent-friendly, nonprofit site with reliable information.

[Family Tools](#)

Find help with challenging behaviors, tips on early language development and videos that show skills for each age.

[Learn Signs Act Early](#)

Milestones and steps to help with any concerns you may have.

[National Parent Helpline](#) 1-855-427-2736

Free hotline, phone contact for emotional or practical support from a trained professional.

Concerned About Your Child's Development or Behavior?

If you have concerns at any time, contact your health care provider or local [Early Intervention Provider](#). Talk with a developmental specialist and request a development checkup. You do not need a professional referral to schedule an appointment with your Early Intervention provider.

[What is Early Intervention?](#) Early Intervention provides free services to support early development for eligible children, ages birth to five years, and their families. Support may include home visits with a developmental specialist or services such as speech therapy.

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